Company Name: Bartika Lifeprint Academy- “from self-doubt to self-mastery”

logo

**Company Profile for Bartika Lifeprint Academy**

**From Self-Doubt to Self-Mastery**

Many women reach a point in their mid-30s or 40s where they feel lost. They’ve spent years taking care of their families, managing careers, and fulfilling responsibilities, yet somewhere along the way, they lost touch with themselves. The constant self-doubt, fear of judgment, and the lingering question— *“Who am I beyond these roles?”*—start creeping in. They know there’s more to them, but they don’t know where to begin.

**My Journey**

I understand this because I’ve been there too. I transformed my own life—mind, emotions, and career—by decoding the blueprint that was always within me. That’s when I discovered the power of **Fingerprint Interpretation and Mindfulness**. This wasn’t just about psychology or self-help; it was about uncovering the unique identity we are born with and using that wisdom to create a fulfilling life.

**Our Approach**

At **Bartika Lifeprint Academy**, we use **Fingerprint Personality Decoding** and **Mindfulness** to help women break free from self-doubt and rediscover their true identity. Unlike traditional personality tests, this approach reveals **what has been within you since birth**, helping you:

✔ **Understand your natural strengths** and leverage them for growth  
✔ **Manage emotional patterns** and build emotional resilience  
✔ **Make confident life choices** aligned with your true self  
✔ **Build stronger personal and professional relationships**  
✔ **Know your financial orientation** and make empowered money decisions  
✔ **Identify your unique communication style** to express yourself effectively  
✔ **Discover your learning style** for better skill-building and personal development  
✔ **Maximize your strengths** for success in all areas of life

With this deep self-awareness, you can build **confidence, emotional harmony, and a fulfilling life**.

**Our Mission**

Imagine a world where every woman truly understands herself—where she feels **confident, fulfilled, and aligned with her purpose**. This doesn’t just bring peace within her but also within her family and relationships.

🚀 **Our goal**: To help **100,000 women** rediscover their true selves, build a strong identity, lead with confidence, and create lasting harmony in their lives and the world around them.

**Are You Ready to Begin Your Journey?**

If you’re ready to **move from self-doubt to self-mastery**, explore our programs, book a consultation, or join our community today!

Services/Products with prices list(if any)

Team Members (Including photos, if available)

Client Testimonials (With client photos, if available)

Social Media Links (Facebook, YouTube, X, Instagram, etc.)

<https://www.instagram.com/lifeprintcoachbartika?igsh=MTNycjdhYmlvNXBlMA==>

<https://www.linkedin.com/in/bartika-sharma-06aab01b4?utm_source=share&utm_campaign=share_via&utm_content=profile&utm_medium=android_app>

<https://www.facebook.com/me/>

<http://www.youtube.com/@brainnyou-aapkibartika>

Contact Information (Phone number, email ID, physical address)

+91 6266044430

Add- 502, Canal Kinship

Salaiya, Bhopal MP

High-Quality Photos (if any)

Additional Requirements (Specify any other necessary details)

Privacy & Policy (if any)

Terms & condition (if any)